

Enhancing Your Skills With Juveniles Who Have Sexual Behavior Problems

Treating Juveniles with Sexual Behavior Problems

- Techniques to use when working with juveniles
 - Visual
 - Using Pictures instead of just words for assignments
 - Video Clip (Freedom) Video Clip (Troy)
 - Create your own metaphors
 - Have clients draw their own pictures/metaphors

Treating Juveniles with Sexual Behavior Problems

- Techniques to use when working with juveniles
 - Auditory
 - Song or story telling
 - Using a variety of songs to discuss issues
 - Have the kids come up with their own songs/raps for assignments
 - www.lyrics-songs.com & *The Green Book of Songs by Subject* by Jeff Green

Treating Juveniles with Sexual Behavior Problems

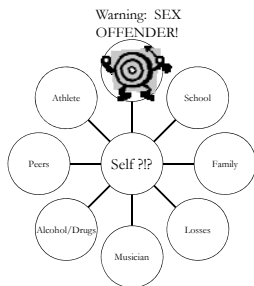
- Techniques to use when working with juveniles
 - Kinesthetic – Behavioral – Activity Based
 - [Video 1](#) or Demonstration
 - [Video 2](#)
 - [Video 3](#)
 - Using role play with kids
 - Using art, toys, and various mediums (clay, sand, paint, water, chalk, etc)
 - Remember, we are teaching life-skills (problem solving, coping, etc.)

Treating Juveniles with Sexual Behavior Problems

[Thinking Errors.ppt](#)

Treating Juveniles with Sexual Behavior Problems

- Don't forget, treat the whole child, not just the "offender" part of the child. Look for **all** patterns over their lifetime, not just offenses.



Treating Juveniles with Sexual Behavior Problems

- ~~0~~→ concepts for you to remember:
 - “If the bum is numb... the brain is the same!”
 - Get up, move around, have clients move around and be active (doesn't have to be directly related to topic).
 - Make frequent state changes

Treating Juveniles with Sexual Behavior Problems

- Research indicates that treatment with juveniles who offend sexually is highly effective
- Recidivism with juveniles who successfully complete treatment tends to be between 5% and 15%
- Juveniles are different from adult offenders

Treating Juveniles with Sexual Behavior Problems

- Sex offender treatment as a profession
- Treatment of juveniles is even newer
- Research is still very scarce on treating the juveniles who offend sexually
- Assessment tools for evaluating juveniles are generally inappropriate and/or invalid (although, research is emerging)

Treating Juveniles with Sexual Behavior Problems

- Developmental issues:
 - Juveniles are not mini-adults (Standards)
 - Still developing identity, empathy skills and moral compass
 - Most are still in need of sexual education
 - Education plays a big part of treatment for juveniles

Treating Juveniles with Sexual Behavior Problems

- Factors that predict treatment outcome (Marshall 2005)
 - Quality of Therapeutic Alliance
 - Group Cohesion
 - Specific Therapist Behaviors that Encourage or Impede Change
 - Consistency Between Therapists

Treating Juveniles with Sexual Behavior Problems

- Therapist Features that Encourage Change
 - Empathy, Genuineness, Warmth, Respect, Support, Rewardingness (Willing to praise successes)
 - Encouraging a range of emotional expressions
 - Moderate use of humor
 - Encouraging active participation
 - Open ended questions
 - Confidence and hope
 - Moderate directiveness
 - Flexibility

Treating Juveniles with Sexual Behavior Problems

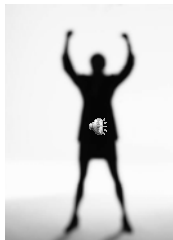
- Therapist Features that **IMPEDE** Change
 - Aggressive Confrontation (Bootcamp Model)
 - Appearing Rejecting or Hostile
 - Appearing Manipulative (Not Genuine)
 - Appearing (or Being) Disinterested

Treating Juveniles with Sexual Behavior Problems

- On a final note, to more effectively help others, we need to take care of ourselves. (Adapted from 2005 or 2006 conf.)
 - Learn to recognize the signs of burn-out:

If your days used to feel like this...

Treating Juveniles with Sexual Behavior Problems



But now you only lift your hands is to pull your hair...



You may be experiencing burn out !

Treating Juveniles with Sexual Behavior Problems

- If your Tivo or VCR is set to record only:
 - CSI
 - CSI: Miami
 - CSI: New York
 - Law & Order
 - Law & Order: SVU
 - Law & Order: Criminal Intent
 - Criminal Minds
 - Numb3rs
 - Close to Home
 - Dexter
 - Court TV...
- You might be experiencing burn out !

Treating Juveniles with Sexual Behavior Problems

- If some man from your church or neighborhood compliments your children, and you begin to interrogate him....

- You might be experiencing burn out !

Treating Juveniles with Sexual Behavior Problems

- If you recommend that every client you have be registered...

- You might be experiencing burn out !

Treating Juveniles with Sexual Behavior Problems

- And finally, if your home page is set to: records.txdps.state.tx.us/soSearch/soSearch.cfm

- You might be experiencing burn out !

Treating Juveniles with Sexual Behavior Problems

- Take care of yourself !
 - Take breaks between clients/groups
 - Talk with friends/colleagues about **ANYTHING BUT** sexually offending behaviors or high risk situations !
 - See some clients with “adjustment?” problems !
 - Take a vacation with your family and/or friends !
 - Get into therapy for yourself! Put your therapist on speed dial !
 - Be involved in your community in things that do not involve dealing with offender issues.
 - Remember, not everyone is a predator and not everyone is out to deceive or manipulate you !

Treating Juveniles with Sexual Behavior Problems References and Resources

- Allen, R. H. (2001), *Impact Teaching: Ideas and strategies for teachers to maximize student learning*, Allyn & Bacon, Boston, MA.
- www.csom.org – Center for Sex Offender Management
- www.dshs.state.tx.us/csot/default.shtm - Council on Sex Offender Treatment (Texas)
- Marshall, W.L. (2005), *Therapist Style in Sexual Offender Treatment: Influence in Indices of Change*. *Sexual Abuse: A Journal of Research and Treatment*, 17, 109-116.
- Longo, Robert (2001 & 2003) *Paths To Wellness*, and *New Hope for Youth*. NEARI Press, Holyoke, MA.
- Jackson, Tom (1993 & 1995), *Activities That Teach*, and *More Activities That Teach*, Red Rock Publishing, Cedar City, UT.
- robhart@myway.com – Robert Hart, LPC-S, ISOTP e-mail
- www.whytry.org – Why Try? curriculum information

Special thanks to Kim Hart, LPC, Nancy Owens, LPC, ISOTP; Teresa Conner, LPC, ISOTP, ATR; Mary Luchinski, LMFT, ISOTP; and Steven Etkart, LPC for their input and feedback!
